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As a dentist, I see Sleep Apnea-related conditions affecting patients' oral and general health. Sleep Apnea can lead to GERD (Acid reflux), Migraines, Morning Headaches, Bruxism, TMJ pain and other serious medical conditions. Bruxism can destroy teeth and gum tissue. GERD can completely dissolve the teeth. When dentists encounter any of the above conditions, a screening for Sleep Apnea and a thorough health history should be considered. If Sleep Apnea is suspected, a referral to a physician or sleep specialist should be instituted. After diagnosis of OSA, appropriate care may include Oral Appliance Therapy. The American Academy of Sleep Medicine states that Oral Appliances are a good first line choice for Sleep Apnea in mild to moderate cases, and severe cases when patients cannot tolerate CPAP. up to 60 percent of patients cannot wear CPAP for the recommended time, and it is inconvenient for travel. Surgery is painful and often inadequate. Oral Appliances have a high success rate, are well-tolerated and combined with CPAP improve tolerance. Instead of just treating symptoms, we need to identify the underlying cause of disease and breakdown. Often Sleep Apnea is the underlying cause. Dentists should routinely screen for Snoring and Sleep Apnea.